



Escape to Waupoos



Waupoos is an old Indian word for "rabbit". The Waupoos area lies between the head of Smith's Bay and Cape Vesey or the "Rock".

The Help Centre's 2nd Annual Out of Town Tour, Thursday, August 12th

Discover Prince Edward County's South Shore

Join us for a day spent exploring the many varying delights of Prince Edward County – the tastes, the art, the rural ambience and some of the most breathtaking scenery Ontario offers. If you enjoyed last year's tour, we know you will be delighted with this one.

Tickets are \$75 (includes transportation, tours, admission to the gallery and lunch). A tax receipt will be issued for a portion of the ticket.

This quaint and historic area is probably best known for its orchards and wineries but we invite you to join us to discover there is much, much more.

Our air-conditioned coach will leave the Fleming Building, 1005 Elgin St. W., Cobourg at 9 a.m. and return about 5 p.m. Morning and afternoon refreshments will be served onboard.

First stop will be **Fifth Town Cheese** This award winning LEEDS certified dairy

produces over 26 varieties of goat, sheep and cows' milk cheese using only milk from Quinte farms. LEED certification is a green building rating system and the best way for a project to demonstrate that a project is truly "green". It is the home of one of the only subterranean aging caves in Ontario. The tour will explain the remarkable environmental efficiency that this company has been able to achieve. Visit the store to select a cheese to take home or, for something different, try their goat or sheep's milk ice cream.

Next, we will visit **The County Cider Company** which produces both cider and fine wines and offers what is thought of as a true taste of Prince Edward County. The Company boasts the largest orchard of European cider apples in Canada and provides a spectacular panoramic view of Prince Edward County and Waupoos Island. We will enjoy a tour and tastings as well as the opportunity to purchase from their selection of ciders and wines.

Our lunch destination, just outside Picton is **Blumen Garden Bistro** where chef Andreas Feller will offer a taste of his unique

cuisine. After lunch, take your coffee and have a leisurely stroll through the garden.

No tour of the area is complete without a stop at **Lake On The Mountain**. Above the Bay of Quinte, this area has an outstanding view of the of the bay and surrounding countryside on one side of the road. On the other side of the road, lies a lake whose origins are still a mystery and whose depth has never been calculated. Many legends exist about this area.

Our last stop is **Mad Dog Gallery**. Situated in a large timber framed barn on 24 acres. Beautiful pathways and gardens lead through the meadows and down to the lake. The gallery features both traditional and contemporary local artists using a variety of mediums and alternates throughout the year. Mad Dog Gallery was established 18 years ago in Prince Edward County to represent the growing number of artists in the area.

Book Your
Seat Today!

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Call Carolyn at 905.372.2646



The Help Centre is a Member Agency of the United Way and receives funding from the Ontario Trillium Foundation